

ALIVE IN YOU
outreach

LEGACY

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Welcome to Alive in You Outreach

If this is your first Alive in You resource, Welcome! As youth ministers, we understand how busy your lives are, and we are excited to share this resource with you so you can spend less time planning and more time on relational ministry. Planning a service day can be intimidating: if you are struggling with finding organizations for your teens to volunteer with or have questions throughout the process, reach out to Jasmyn Joubert (jasmyn@aiyoureach.org). Our prayers are with you and your teens!

HOW TO USE THIS RESOURCE:

This resource is designed to be adapted to fit your needs. There are two sessions with witness talk guides. We encourage you to meet with the person who will give each witness talk (this could be adult volunteers, teens, etc) to go over the guide for their talk and assist them in their preparation. Participant Journals can be given to teens in the morning so they can journal throughout all of the activities that day. We have created a Spotify playlist with worship songs that align with the theme. If you have a worship leader for the event, they can use this as a reference for which songs to play. If you do not have a worship leader, we encourage playing these songs throughout the day. You can search Spotify for the playlist “Alive in You Legacy” (username: Alive in You Camps).

SAMPLE SERVICE DAY SCHEDULE:

*Feel free to adjust the schedule to meet the needs of your group.

*Our sample service day schedule is set up as a one day service event. If you would like this to be a weekend retreat, reach out to us and we can help you adjust it and give additional content.

*If you are hosting a Saturday service day, consider adjusting the schedule to include anticipated Mass.

8:00 am	Check-In
8:15 am	Opening Prayer, Brief Welcome and Reminders for Mass
8:30 am	Mass
9:15 am	Snack, Ice Breaker Game
9:40 am	Session 1 Witness Talk
10:00 am	Work Project Instructions, Prayer, Depart for Worksites
10:15 am	Arrive at Work Project Location
	*Onsite lunch around 11:30am or 12:00pm.
2:15 pm	Wrap Up Work Projects and Return
	*If you have multiple service projects and a group arrives early, have a transition project: writing letters for assisted living residents, organizing the youth room, writing affirmation notes, etc.
2:30 pm	Small Group Reflection Time
	*Give them time with the journal to reflect on their day; then go through the questions and give them time to share their experiences of the day.
	*Optional: if you have more than one small group, have a member of each small group share with the large group at the end of this time.
3:00 pm	Session 2 Witness Talk
3:15 pm	Adoration
3:45 pm	Closing Prayer and Wrap Up
4:00 pm	Teens Depart

SUPPLY LIST:

- Medical/permission forms for each teen
- AV (if using slides/videos throughout)
 - Projector
 - Screen
 - Sound System
 - HDMI cables
 - Computer
- Participant Journals and Pens
- First Aid Kit
- Mass and Adoration Supplies:
 - Altar
 - Altar Cloth
 - Candles
 - Lighter
 - Monstrance
 - Lectionary
 - Missal
 - Altar crucifix
 - Paten and Chalice
 - Water and Wine Cruets
 - Bowl (to wash hands)
 - Purificators
 - Corporal
- Other Supplies:

WITNESS TALK GUIDE:

Session 1 Witness:

The goal of this talk is to explain the theme of the day, Pentecost, by looking at Acts of the Apostles. In this witness talk, it will be important to communicate what happened at Pentecost, why it was important, the legacy the apostles left behind and how we are called to continue that legacy.

Talking Points:

1. Take time to read through the beginning of Acts of the Apostles. Look particularly at the way Jesus calls the apostles and by effect all of us to be witnesses to the whole earth in Acts 1:8. How do the apostles live out this call? How have you lived out this call?
2. Jesus used the Apostles to begin the Catholic Church and spread the Gospel. How do you allow the Lord to use your life? How can teens allow Jesus to use them for His Kingdom?
3. Reflect on the legacy of someone in your life that has inspired you. What was significant about their life? What did their life inspire in you?
4. How can teens live out the legacy that Jesus is calling them to today during the service day? What does it look like to serve as Jesus did?

References to Guide You:

- “When the day of Pentecost came, they were all together in one place. Suddenly a sound like the blowing of a violent wind came from heaven and filled the whole house where they were sitting. They saw what seemed to be tongues of fire that separated and came to rest on each of them. All of them were filled with the Holy Spirit and began to speak in other tongues as the Spirit enabled them.”
Acts 2:1-4
- “The Holy Spirit leads us like a mother. He leads His child by the hand...as a sighted person leads a blind person.” St. John Vianney
- “Through his grace, the Holy Spirit is the first to awaken faith in us and to communicate to us the new life, which is to ‘know the Father and the one whom he has sent, Jesus Christ.’” CCC 684

Prayer:

“Holy Spirit, inspire me. Love of God, consume me. Along the true road lead me. Mary, my mother, look upon me. With Jesus bless me. From all evil, from all illusion, from all danger, preserve me. Amen.”

St Mary of Jesus Crucified

WITNESS TALK GUIDE:

Session 2 Witness:

The goal of this session is to communicate that in order to leave a legacy you must be in communion with others. Just as Jesus established the Church starting with the apostles, He desires for you to create community around you. Serving one another and growing community is an essential calling in our faith.

Talking Points:

1. Use the quotes below to support our call to community as one body of Christ.
2. The early Church focused on sharing all goods with one another and selling what they could to give to the needy. How can teens sacrifice for their community? Give examples of ways to share time, talent and treasure. Communicate that sharing with their Church community is an incredible legacy.
3. Share about your own community. How do they help you grow? How do they remind you of who God is calling you to be?
4. It is commonly said that you are the sum of the 5 people you spend the most time with. Offer them this nugget to think about. Are those people forming you into who you should be? Are you leaving a legacy of love, faith and virtue?

References to Guide You:

- “They devoted themselves to the apostles’ teaching and to fellowship, to the breaking of bread and to prayer. Everyone was filled with awe at the many wonders and signs performed by the apostles. All the believers were together and had everything in common. They sold property and possessions to give to anyone who had need.” Acts: 2:42-45
- “The human person needs to live in society. Society is not for him an extraneous addition but a requirement of his nature. Through the exchange with others, mutual service and dialogue with his brethren, man develops his potential; he thus responds to his vocation.” CCC 1879
- “We are all one family in the world. Building a community that empowers everyone to attain their full potential through each of us respecting each other's dignity, rights and responsibilities makes the world a better place to live.” Pope John Paul II

Prayer:

God, please protect all of us as we leave this service day. May all that I have learned today about the Holy Spirit and the apostles become grafted into my soul. Allow Your light to shine through me unto others, that they may seek You. Grant that my experience today be the beginning of a new life with You. Embolden me to be active in my church community, to be a servant of your people. May my hands be Your hands and my feet Your feet. Amen.

LEGACY SERVICE DAY

PRAYER FOR THE DAY

"Holy Spirit, inspire me. Love of God, consume me. Along the true road lead me. Mary, my mother, look upon me. With Jesus bless me. From all evil, from all illusion, from all danger, preserve me. Amen."

St. Mary of Jesus Crucified

QUESTIONS TO CONSIDER

- How would your life change if you lived a life inspired by the gifts of the Holy Spirit?
- Jesus used the Apostles to begin the Catholic Church and spread the Gospel. In what ways is Jesus trying to use your life?
- What do you feel is the purpose of your life? What legacy do you want to leave behind?
- Who is in your community? How does this group of people help you to grow? Do you like who you are around these people?
- Are there things in your life you could give up for those who are in most need? How can you share with your community?
- Who is someone that would benefit from being in your community at church? What can you do to welcome them?

DAILY THEME SONG:
"HOLY SPIRIT"
BY STEVEN JOUBERT

"The Holy Spirit leads us like a mother. He leads His child by the hand...as a sighted person leads a blind person."
St. John Vianney

"We are all one family in the world. Building a community that empowers everyone to attain their full potential through each of us respecting each other's dignity, rights and responsibilities makes the world a better place to live."
Pope John Paul II

"Be who you were created to be, and you will set the world on fire."
St. Catherine of Siena